

AMHS 2025-2026 Bell Schedule

Mon/Tue/Thu/Fri

DAY 1		DAY 2	
08:20 – 08:30	Advisory Check in (10)	08:20 – 08:45	Advisory (25)
08:35 – 09:58	Period 1 (83)	08:50 – 10:13	Period 5 (83)
09:58 – 10:06	Nutrition Break (8)	10:13 – 10:21	Nutrition Break (8)
10:06 – 11:29	Period 2 (83)	10:21 – 11:44	Period 6 (83)
11:34 – 12:57	Period 3 (83)	11:49 – 12:57	Seminar (68)
12:57 – 13:32	LUNCH (35)	12:57 – 13:32	LUNCH (35)
13:37 – 15:00	Period 4 (83)	13:37 – 15:00	Period 7 (83)

Wednesday

DAY 1		DAY 2	
08:20 – 08:30	Advisory Check in (10)	08:20 – 08:45	Advisory (25)
08:35 – 09:48	Period 1 (73)	08:50 – 10:03	Period 5 (73)
09:48 – 09:56	Nutrition Break (8)	10:03 – 10:11	Nutrition Break (8)
09:56 – 11:09	Period 2 (73)	10:11 – 11:24	Period 6 (73)
11:14 – 12:27	Period 3 (73)	11:24 – 12:27	Seminar (58)
12:27 – 13:02	LUNCH (35)	12:27 – 13:02	LUNCH (35)
13:07 – 14:20	Period 4 (73)	13:07 – 14:20	Period 7 (73)

Assembly Schedule (MTThF)

DAY 2	
08:20 – 08:30	Advisory Check in (10)
08:35 – 09:58	Period 5 (83)
09:58 – 10:06	Nutrition Break (8)
10:06 – 11:29	Period 6 (83)
11:34 – 12:57	Period 7 (83)
12:57 – 13:32	LUNCH (35)
13:37 – 15:00	Assembly (83)

Early Release

DAY 1 or Day 2	
8:20 – 8:30	Advisory Check in (10)
8:35 – 9:15	Period 1 or 5 (40)
9:20 – 10:00	Period 2 or 6 (40)
10:05 – 10:45	Period 3 or Seminar (40)
10:50 – 11:30	Period 4 or 7 (40)

2 Hour Delay Schedule (MTThF)

DAY 1		DAY 2	
10:20 – 10:25	Advisory Check in (5)	10:20 – 10:25	Advisory Check in (5)
10:30 – 11:26	Period 1 (56)	10:30 – 11:26	Period 5 (56)
11:31 – 12:27	Period 2 (56)	11:31 – 12:27	Period 6 (56)
12:27 – 13:03	LUNCH (36)	12:27 – 13:03	LUNCH (36)
13:03 – 13:59	Period 3 (56)	13:03 – 13:59	Seminar (56)
14:04 – 15:00	Period 4 (56)	14:04 – 15:00	Period 7 (56)

