

Community Mental Health Resources Alconbury UK

****This list has been updated, but if any additional resources are available, please contact Jack Wade, Jacquelyn.Wade@dodea.edu so an extensive list can be provided of all community resources. AMHS does not endorse any counselor or hospital listed below.**

Evaluations

**** All hospitals will complete a wellness evaluation or mental health evaluation for suicidal thoughts**

Peterborough Hospital

Edith Cavell Campus, Bretton Gate, Peterborough PE3 9GZ, United Kingdom
+44 1733 678000

Ethan Monroe (Online)

HQ Therapy
322C Kingsland Road
Ground Floor
London E8
020 3728 8272

Embrace Centre for Counselling and Therapy

Embrace Centre
Huntingdon PE29
01487 801962

Tricare provider (Cambridge)

<https://abael.co.uk/>

Mandy Kitsell

(Clinical Therapist - mental health)
07949387080
Couples
Children
Families

Kerry Lilley

<https://therapyavenue.com/>
Huntingdon PE28
01480 598079

Vicky Catt

<https://vickycatt.com/>

Huntingdon PE28

01487 801914

Daisy Chain

<https://daisychaincounselling.co.uk/>

Daisy Chain Counselling & Wellbeing Service

East Chadley Lane

Lancaster Way

Huntingdon PE29

01487 801933

Barry Hannon

Peterborough PE1

01733 530 114

<https://cbtneuropsychologycentre.co.uk/>

Marzio Ascione

Anderson Court Clinic

1 Anderson Court, Newnham Road

Cambridge CB3

020 3974 2199

Cambridge Neuropsychology Clinic

<https://www.camnc.co.uk/>

Georgina Browne

Cambridge CB2

01223 981490

Tele-therapy Services

This is the link for CAMHS (child and adolescent mental health services).

<https://www.youngminds.org.uk/young-person/your-guide-to-support/guide-to-camhs/>

Here is a list of providers in the Cambridge and Peterborough area that also offer telehealth services.

Cambridge:

<https://www.cambridgecbt.com/>

<https://www.parkerclinicalpsychology.com/>

<https://thetherapyroomcambridge.co.uk/cbt-cognitive-behavioural-therapy/>

Peterborough:

<https://www.afpsychologicalservices.co.uk/>

<https://cambridgeshire-northamptonshirecbt.co.uk/>

<https://www.fk-cs.co.uk/>

BABCP is the British accreditation service for CBT and you can also search there site for therapeutic providers as well

<https://babcp.com/>

Some parents have also had great success with <https://www.betterhelp.com/> as they are able to connect with American providers who work within this time zone.

Support Group Resources

FFLAG

<https://www.fflag.org.uk/>

The Trevor Project

<https://www.thetrevorproject.org/>

The Human Rights Campaign

<https://www.thehrcfoundation.org/>

Mind Out

<https://mindout.org.uk/>

The Kite Trust

<https://thekitetrust.org.uk/about-us/>

Stonewall UK

<https://www.stonewall.org.uk/>